



## RACE RULES - CHALLENGE CAGNES SUR MER

### Article 1 - French Triathlon Federation

Challenges Cagnes sur mer is registered on the official calendar of the French Triathlon Federation. It is therefore subject to the FFTRI 2024 sports regulations available on the Federation's website. The competitor who registers for this event automatically accepts the FFTRI 2024 sports regulations and the specific race rules of these regulations.

### Article 2 - General conditions

#### Swimming :

Each competitor will be provided with a swimming cap, which must be worn. Goggles and wetsuits are authorized according to federal rules applied to the L & M distance: wetsuits will be compulsory if the water temperature is less than or equal to 16°C and forbidden if the water temperature is greater than or equal to 24.5°C. The swimming section will be cancelled if the water temperature is 12°C or below. It is forbidden to wear the bib during the swim. Athletes will be identified by a numbered tattoo to be placed on the left shoulder.

#### Cycling :

Wearing an approved hard-shell helmet, with chinstrap fastened and adjusted, is compulsory from the start to the return to the bike park throughout the cycling event. Walking in the bike park. As the circuit is not closed to traffic, competitors are asked to scrupulously observe the Highway Code. Competitors are not allowed to draft behind another competitor (7m for the M & 12m for the L), or a vehicle (35m) during the race (drafting prohibited).

The competitor is not allowed to overtake an athlete by more than 25 seconds.

Bib not folded, placed on the back, accompaniment by a third party forbidden, headphones forbidden. The bike park is accessible only to competitors, organizers, press, photographers and referees.

Removal of the bike after the arrival of the last cycling competitor of the corresponding size (M or L), only on presentation of the chip to the organization.


#### Running :

Helmets must not be worn, headphones must not be worn, race number must not be folded over the front of the body, accompaniment by a third party is forbidden.

## Relay

For the Relay event, teams may be female, male or mixed. Teams are made up of a minimum of 2 people and a maximum of 3.

## Time limits

Time limits	 <b>CHALLENGE CAGNES-SUR-MER CÔTE D'AZUR wearetriathlon!</b>	
	<b>M (1 500m) Start 8h</b>	<b>L (1900m) Start 7 h</b>
<b>Distance</b>		
<b>Swim time (sortie de l'eau)</b>	50min - 8h50	1h15 - 8h15
<b>Bike time ( T2)</b>	3h00 – 11h50	4h45 – 13h
<b>Run time / Finish</b>	1h30 – 13h20	2h30 -15h30
<b>Finish time</b>	5h20 -13h20	8h30 – 15 h 30

## Article 3 - Race briefing & Referee briefing

### Race briefing

The race briefing will take place the day before at the Challenge Village, near the podium. All race information will be given and the organizer will answer any questions you may have. An athlete's guide will be sent to you D-7 before the race.

### Referee briefing

Competitors are required to attend the competition briefing. This takes place 10 minutes before the start of the competition, in the swimming start area.

## Article 4 - Prize-giving ceremony

Competitors must attend the prize-giving ceremony. Failing this, no prize may be claimed at a later date by the absent competitor. The organizer reserves the right to dispose of prizes as he sees fit.

## Article 5 - Civil liability of the organizer

The Challenge organization holds an "event license" issued by the FFTRI, and is insured under the FFTRI MAÏF policy N° 4464742. It therefore benefits from civil liability cover, against the pecuniary consequences of its civil liability, whatever the nature that may fall to it in the context of its activities. The following are insured: the organizer, his managers, staff and volunteers, in the context of the organization of the event. Damages and guarantees are defined in the insurance contract available on the FFTRI website. The organizer is also covered for criminal defense and recourse following an accident. The organizer takes out two additional optional insurance policies offered by the FFTRI: damage to following vehicles and boats (damage and civil liability cover).

## Article 6 - Guarantees granted to competitors

Competitors must be aware of the risks inherent in this type of sporting event, which requires prior training and excellent physical condition. Non-licensed FFTRI and FFTRI loisirs competitors and managers holding a Competition Pass are covered by the FFTRI civil liability policy N°4464742. Damages, guarantees and amounts are listed in the contract, which can be consulted on the FFTRI website. Competition Pass holders only benefit from "civil liability" cover. FFTRI licensees holding a "competition" license also benefit from individual accident and "assistance" cover (organization and payment by Mondial Assistance of the return home. Telephone: 01 49 93 80 75)

The Competition Pass is nevertheless free of charge for Triathlon federations in the following countries: Germany, England, Belgium, Spain, Italy, Luxembourg, the Netherlands, Portugal and Switzerland. You must also provide us with a copy of your ITU license for validation. The equipment is not covered by any federal insurance. As the French Triathlon Federation offers no personal insurance cover, it is the responsibility of the athlete licensed with a foreign ITU-affiliated triathlon federation (if not already covered by his/her own federation's license) to take out, in his/her own interest and with the insurer of his/her choice, a personal insurance policy covering bodily injury to which he/she may be exposed as a result of his/her sporting activities.

## Article 7 - Cancellation of the event in the event of force majeure

In the event of cancellation or definitive interruption of the event for any reason beyond the control of the organizer, and in particular any case of force majeure, any decision by public authorities (in particular for reasons of public health, safety or preservation of public order), any risk of bad weather or proven bad weather, the organizer will not incur any liability whatsoever towards competitors, and registration fees will not be refunded. Competitors hereby waive any claim or request for reimbursement whatsoever arising from such cancellation or interruption. If you subscribe to the Cancellation Option, 100% of the registration fee (excluding active.com fees) may be reimbursed. (See article 14)

## Article 8 - Image rights and CNIL

Competitors expressly authorize the competition organizer and their beneficiaries, such as partners, sponsors and the media, to use animated (audiovisual) or still (photographic) images in which competitors may appear, taken during their participation in the competition, on all existing or future media, including promotional and/or advertising and/or institutional media, throughout the world and for the longest period provided for by the law, regulations and treaties in force, including any extensions made to this period. The participant acknowledges and accepts that the organizer has the right to record these still and moving images (photos and videos) and agrees to their use.

CNIL: The registration form may be used for any purpose by the organizer, unless otherwise expressly stipulated by the participant, who has the right to access and rectify any personal data concerning him/her, in accordance with the French Data Protection Act of January 6, 1978.

## Article 9 - Referee

The present rules are governed by French law. Any dispute arising out of or in connection with these rules shall be submitted to the FFTRI for arbitration in accordance with its rules or,

failing that, to the sports arbitration chamber attached to the French Olympic and Sports Committee, and shall be finally settled in accordance with its rules.

#### Article 10 - Registration fees

Entry fees cover participation in the competition only, and exclude all transport, accommodation, meal or medical expenses, which remain the competitor's responsibility.

#### Article 11 - Entry requirements

M format registration: from Junior to Master: 18 years and over

L format registration: from Junior to Master: 18 years and over.

FFTRI licensees: License must be presented when bibs are issued + proof of identity.

Non FFTRI licence holders: Fill in and pay for the Pass Compétition online on the FFTRI website, and present it when collecting race numbers the day before the race (20€ for the M, 40€ for the L and 2€ for relays).

The medical certificate stating that you are not contraindicated in the practice of triathlon in competition is no longer compulsory in 2024.

However, you must complete the health questionnaire and present it when collecting your race number.

Holders of an FFTRI leisure license or FFTRI executive license without competition mention must provide the health questionnaire and pay the price of the online Competition Pass.

For relays :

The F.F.Natation license dispenses with the health questionnaire only for the competitor doing the swimming part, but not with payment of the Pass Compétition. The F.F.Cycling license dispenses with the health questionnaire only for the competitor taking part in the cycling section, but does not require payment of the Competition Pass.

The F.F.Athlétisme license dispenses with the health questionnaire only for the competitor completing the running part, but not with payment of the Competition Pass.

Foreigners :

Licensees of the following federations: Germany, England, Belgium, Spain, Italy, Luxembourg, the Netherlands, Portugal and Switzerland must present their licenses for the 2022 season, which must be downloaded from the registration form. They are exempt from paying the Competition Pass. Athletes must, however, sign the Competition Pass when collecting their numbers.

Triathlon licensees from other federations (USA Triathlon ...) must present their current season's license and have it downloaded on the registration form. They must also take the Competition Pass option when registering and sign the Competition Pass when collecting their bib numbers.

Incomplete registration forms: Competitors whose registration forms are incomplete on the day of the event will not be allowed to take part in the race, and will not receive their race numbers. No reimbursement will be made in this case.

#### Article 12 - Medical structure

A first-aid agreement has been drawn up with medical teams comprising doctors, nurses and first-aiders: Security HQ, DPS, Vehicles on the bike and running course.

#### Article 13 - Safety during the event

Swimming: BNSSA, Kayaks, Paddle, Jet-Ski, Boat, DPS, Race Doctor (Approx. 20 people)

Bicycle: Municipal police, 90 flagmen, opening cars and sweepers, 20 motorcyclists, DPS

Running: Mountain bike openers, team of 30 people, DPS, Doctor, Police

## Article 14 - Cancellation - Cancellation Option - Transfer - Number change Cancellation option

By taking out the Cancellation Option (€25 for the L, €15 for the M, €15 for the M Relay and €25 for the L Relay) when you register, you have the opportunity to cancel your registration up to 15 days before the event (see last paragraph) and receive a 100% refund (excluding Activ.com handling fees), without any justification (at the current rate, even in the event of cancellation due to force majeure - Article 7).

If you do not subscribe to this option, no refund will be possible, even in the event of force majeure.

### Race transfers

Transfers between Challenge events are not possible.

### Change of race number with a third party

Number number holder changes are possible up to 15 days before the event.

The holder of the new number must send us the changes by email to [info@challenge-cagnessurmer.com](mailto:info@challenge-cagnessurmer.com): Last name-first name-licence or medical certificate.

If the new holder is a non-licensed runner, he/she must pay the Competition Pass. Number exchanges on race day will not be accepted.

Please note that for insurance reasons, your race number cannot be exchanged and is personal to you.

If you change your number unofficially, contrary to Challenge regulations, the person taking part in your place will not be covered by any accident insurance.

### ATTENTION, DEADLINES

TO CHANGE YOUR RACE NUMBER, ACTIVATE THE REFUND OPTION OR MAKE ANY OTHER CHANGES TO YOUR REGISTRATION:

Challenge de Cagnes sur Mer: Wednesday, May 15 at 11:59 p.m.